

## Fortsetzung Bewerb 1 - 800m Freistil Damen

### Int. Austrian Championships

1. Raus, Alexandra	1991 AUT USC Graz	09:35,83		835
RT +0.78 50m: 00:32,10, 100m: 01:07,92 (00:35,82), 150m: 01:44,12 (00:36,20), 200m: 02:20,50 (00:36,38) 250m: 02:57,11 (00:36,61), 300m: 03:33,82 (00:36,71), 350m: 04:10,73 (00:36,91), 400m: 04:47,43 (00:36,70) 450m: 05:23,54 (00:36,11), 500m: 06:00,02 (00:36,48), 550m: 06:36,59 (00:36,57), 600m: 07:13,10 (00:36,51) 650m: 07:49,19 (00:36,09), 700m: 08:25,40 (00:36,21), 750m: 09:01,19 (00:35,79), 800m: 09:35,83 (00:34,64)				

### Int. Österreichische Masters Meisterschaften (OSV)

1. Raus, Alexandra	1991 AUT USC Graz	09:35,83		835
RT +0.78 50m: 00:32,10, 100m: 01:07,92 (00:35,82), 150m: 01:44,12 (00:36,20), 200m: 02:20,50 (00:36,38) 250m: 02:57,11 (00:36,61), 300m: 03:33,82 (00:36,71), 350m: 04:10,73 (00:36,91), 400m: 04:47,43 (00:36,70) 450m: 05:23,54 (00:36,11), 500m: 06:00,02 (00:36,48), 550m: 06:36,59 (00:36,57), 600m: 07:13,10 (00:36,51) 650m: 07:49,19 (00:36,09), 700m: 08:25,40 (00:36,21), 750m: 09:01,19 (00:35,79), 800m: 09:35,83 (00:34,64)				

## Fortsetzung Bewerb 2 - 800m Freistil Herren

### Int. Austrian Championships

4. Jocham, Andreas	1983 AUT USC Graz	10:24,69	+01:12.22	528
RT +0.69 50m: 00:31,96, 100m: 01:06,64 (00:34,68), 150m: 01:42,29 (00:35,65), 200m: 02:18,85 (00:36,56) 250m: 02:56,71 (00:37,86), 300m: 03:35,40 (00:38,69), 350m: 04:14,78 (00:39,38), 400m: 04:54,98 (00:40,20) 450m: 05:35,29 (00:40,31), 500m: 06:16,27 (00:40,98), 550m: 06:57,31 (00:41,04), 600m: 07:39,02 (00:41,71) 650m: 08:20,52 (00:41,50), 700m: 09:02,02 (00:41,50), 750m: 09:44,10 (00:42,08), 800m: 10:24,69 (00:40,59)				

### Int. Österreichische Masters Meisterschaften (OSV)

2. Jocham, Andreas	1983 AUT USC Graz	10:24,69	+21.77	528
RT +0.69 50m: 00:31,96, 100m: 01:06,64 (00:34,68), 150m: 01:42,29 (00:35,65), 200m: 02:18,85 (00:36,56) 250m: 02:56,71 (00:37,86), 300m: 03:35,40 (00:38,69), 350m: 04:14,78 (00:39,38), 400m: 04:54,98 (00:40,20) 450m: 05:35,29 (00:40,31), 500m: 06:16,27 (00:40,98), 550m: 06:57,31 (00:41,04), 600m: 07:39,02 (00:41,71) 650m: 08:20,52 (00:41,50), 700m: 09:02,02 (00:41,50), 750m: 09:44,10 (00:42,08), 800m: 10:24,69 (00:40,59)				

### --- 2. Abschnitt ---

## Fortsetzung Bewerb 7 - 200m Rücken Damen

### Int. Austrian Championships

1. Raus, Alexandra	1991 AUT USC Graz	02:32,52		713
RT +0.73 50m: 00:34,42, 100m: 01:12,80 (00:38,38), 150m: 01:52,28 (00:39,48), 200m: 02:32,52 (00:40,24)				

### Int. Österreichische Masters Meisterschaften (OSV)

1. Raus, Alexandra	1991 AUT USC Graz	02:32,52		713
RT +0.73 50m: 00:34,42, 100m: 01:12,80 (00:38,38), 150m: 01:52,28 (00:39,48), 200m: 02:32,52 (00:40,24)				

## Fortsetzung Bewerb 11 - 200m Lagen Damen

### Int. Austrian Championships

2.	Raus, Alexandra	1991	AUT	USC Graz	02:36,81	+02.84	702
RT +0.72 50m: 00:33,69, 100m: 01:12,43 (00:38,74), 150m: 02:00,80 (00:48,37), 200m: 02:36,81 (00:36,01)							

### Int. Österreichische Masters Meisterschaften (OSV)

1.	Raus, Alexandra	1991	AUT	USC Graz	02:36,81		702
RT +0.72 50m: 00:33,69, 100m: 01:12,43 (00:38,74), 150m: 02:00,80 (00:48,37), 200m: 02:36,81 (00:36,01)							

### --- 3. Abschnitt ---

## Bewerb 20 - 200m Brust Damen

### Int. Austrian Championships

1.	Raus, Alexandra	1991	AUT	USC Graz	02:54,73		686
RT +0.78 50m: 00:40,40, 100m: 01:25,42 (00:45,02), 150m: 02:10,29 (00:44,87), 200m: 02:54,73 (00:44,44)							

### Int. Österreichische Masters Meisterschaften (OSV)

1.	Raus, Alexandra	1991	AUT	USC Graz	02:54,73		686
RT +0.78 50m: 00:40,40, 100m: 01:25,42 (00:45,02), 150m: 02:10,29 (00:44,87), 200m: 02:54,73 (00:44,44)							

## Fortsetzung Bewerb 26 - 400m Lagen Damen

### Int. Vienna Championships

2.	Raus, Alexandra	1991	AUT	USC Graz	05:30,09	+14.23	726
RT +0.71 50m: 00:33,92, 100m: 01:14,98 (00:41,06), 150m: 01:56,87 (00:41,89), 200m: 02:37,70 (00:40,83) 250m: 03:27,17 (00:49,47), 300m: 04:16,28 (00:49,11), 350m: 04:54,54 (00:38,26), 400m: 05:30,09 (00:35,55)							

### --- 4. Abschnitt ---

## Fortsetzung Bewerb 32 - 200m Schmetterling Damen

### Int. Austrian Championships

1.	Raus, Alexandra	1991	AUT	USC Graz	02:40,02		674
RT +0.72 50m: 00:33,51, 100m: 01:13,77 (00:40,26), 150m: 01:56,48 (00:42,71), 200m: 02:40,02 (00:43,54)							

### Int. Österreichische Masters Meisterschaften (OSV)

1.	Raus, Alexandra	1991	AUT	USC Graz	02:40,02		674
RT +0.72 50m: 00:33,51, 100m: 01:13,77 (00:40,26), 150m: 01:56,48 (00:42,71), 200m: 02:40,02 (00:43,54)							



# 09th Vienna International Masters Championships

01.04.-03.04.2022



## Bewerb 36 - 100m Rücken Damen

### Int. Vienna Championships

1. Raus, Alexandra	1991 AUT USC Graz	01:09,87	742
RT +0.82 50m: 00:33,65, 100m: 01:09,87 (00:36,22)			